

*Sheryl Lewis, MD*



23430 Hawthorne Blvd, Suite 120  
Torrance, CA 90505  
O: 310.828.1414 F: 310.212.5001

---

### **Places to visit while visiting the South Bay**

#### **Western Museum of Flight**

Torrance, California

The Western Museum of Flight is an aviation museum located at Zamperini Field, the municipal airport in Torrance, California. WMOF is operated by the Southern California Historical Aviation

**Address:** 3315 Airport Dr., Torrance, CA 90505   **Phone:** 310-326-9544

#### **The SEA Lab**

Aquarium in Redondo Beach, California

Small, kid-friendly marine education center with touch tanks, native plant nursery & tide-pool tank.

**Address:** 1021 N Harbor Dr., Redondo Beach, CA 90277   **Phone:** 310-318-7438

#### **Point Vicente Lighthouse – Whale watching and PV History Museum**

Lighthouse in Rancho Palos Verdes, California

Point Vicente Lighthouse is a lighthouse in California, United States, in Rancho Palos Verdes, north of Los Angeles Harbor, California. It is between Point Loma Lighthouse to the south and Point Conception Lighthouse to the north.

**Address:** 31550 Palos Verdes Dr. W, Rancho Palos Verdes, CA 90275

#### **The Strand Beach Walking - Bicycle Trail**

The Strand is a paved walking and bicycle path that runs mostly along the Pacific Ocean shoreline in Los Angeles County, California. It's a great way to see the beach, the seals and marina. Visits the piers in Redondo Beach, Hermosa Beach and Manhattan Beach. Enjoy great restaurants. Pick your own oyster and open it to find a real pearl! Fun for families.

Bike rentals are available from local hotels and Marina Bike Rentals

**Address:** 505 N. Harbor Dr. Redondo Beach, CA 90277   **Phone:** 310-318-2453

#### **Mulligan Family Fun Center**

Torrance, California

Mini Golf and Amusement Center

Laser tag, go-karts, batting cages, a rock wall & other attractions offered in a modest facility.

**Address:** 1351 Sepulveda Blvd, Torrance, CA 90501   **Phone:** 310-325-3950

#### **Aquarium of the Pacific**

Long Beach, California

Enjoy an aquatic adventure in California. Visit the Aquarium of the Pacific in Long Beach, just south of Los Angeles. This popular attraction is located on Rainbow Harbor near the Long Beach Convention Center and the permanent home of the original Queen Mary, also a Long Beach attraction.

Known as the world's largest indoor ocean, the aquarium showcases over 500 species of marine life in over 50 exhibits and habitats. The Pacific Ocean's three regions are highlighted through the aquarium including the Northern Pacific, Tropical Pacific and Southern California/Baja.

**Address:** 100 Aquarium Way Long Beach, California 90802 **Phone:** 562-590-3101

### The Queen Mary

Long Beach, California

As one of the most iconic landmarks in California, the Queen Mary remains a popular tourist attraction, located in Long Beach. Built in 1930, The Queen Mary began as "the grandest ship ever built," and later carried troops at the beginning of World War II.

Step aboard The Queen Mary, for one of a variety of tours including a First Class Passage, Haunted Encounters Passport and General Admissions Passport.

Tours are also available for the Russian Foxtrot Submarine, a Russian Cold-War era submarine. Spend additional time touring the Aquarium of the Pacific, in addition to The Queen Mary, with transportation provided between the two attractions.

**Address:** 1126 Queen's Hwy. Long Beach, California 90802 **Phone:** 562-435-3511

### Disneyland

Anaheim, California

A popular family destination, Disneyland in Anaheim is the original, and arguably the world's most famous, theme park. Opened in 1955, it remains one of California's top destinations and a fantasy to children all across the globe. Home to Mickey Mouse and the Disney family of characters, the Matterhorn and Space Mountain – the rides and attractions are seemingly endless.

Make your trip special with a reservation for dinner at Cinderella's Castle, stake out a front row seat for the electric light parade and stick around for the spectacular nightly fireworks show. Enjoy your visit to in the Orange County area with fun-filled days at Disneyland.

**Address:** 1313 Disneyland Dr. Anaheim, California 92802 **Phone:** 714-956-6425

### Knott's Berry Farm

Buena Park, California

America's first theme park, Knott's Berry Farm is one of the premier destinations for families visiting the Orange County area.

**Address:** 8039 Beach Blvd. Buena Park, California 90620 **Phone:** 714-220-5200

### Legoland

Carlsbad, California

Unleash your inner explorer at LEGOLAND in the towns of DUPLO Village, Pirate Shores, Castle Hill and Imagination Zone. Visit five metropolitan cities in Miniland U.S.A. Constructed from 20 million LEGO bricks - this is the heartland of LEGOLAND and can be seen from just about every area in the park. Located in Carlsbad, LEGOLAND is just 35 north of San Diego and 87 miles south of Los Angeles.

**Address:** 1 Legoland Dr. Carlsbad, California 92008 **Phone:** 760-918-5346

*Do you have a fun place to add? Let us know! Email [info@lewinmd.com](mailto:info@lewinmd.com). Thank you!*